

STGLAC_MULTI Program for 2020-21 VERSION 1

Prog 1 - V1	50m	70m	HURD	100m	200m	300m	500m	700m	800m	SP	SP	SP	DISC	DISC	DISC	U	U	U	TJ-1	U	TJ-2	HJ-1	HJ-2	HJ-Scr	Javelin
Event 1			SEN B			U6 G				U8 G	U8 B		U9 G	U9 B		U10 G	U10 B	U11 G		U11 B					
			SEN G			U6 B																			
			U13 B				U7 G																		
			U13 G				U7 B																		
			U12 B																						
			U12 G																						
Event 2			U11 B					U8 G		U6 B	U7 G	U6 G	U13 B	SEN G	SEN B	U13 G									
			U11 G					U8 B		U7 B			U12 B												
			U10 B										U12 G												
			U10 G																						
			U9 B																						
			U9 G																						
Event 3		U6 G			SEN B								U10 B	U10 G		U9 B	U9 G								
		U6 B			SEN G																				
		U7 G			U13 B																				
		U7 B			U13 G																				
		U8 G			U12 B																				
		U8 B			U12 G																				
					U11 B																				
					U11 G																				
Event 4				U6 G						SEN B	SEN G		U13 G	U11 B	U11 G	U13 B									
				U6 B												U12 B									
				U7 G												U12 G									
				U7 B																					
				U8 G																					
				U8 B																					
				U9 G																					
				U9 B																					
				U10 G																					
5 U9+ ONLY									U9 G	U13 B		U13 G				SEN B	SEN G								
									U9 B	U12 B															
									U10 G	U12 G															
									U10 B																
									U11 G																
									U11 B																
6 U11+ ONLY									U12 G		U11 B	U11 G													
									U12 B																
									U13 G																
									U13 B																
									SEN G																
									SEN B																

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Prog 1 - V1	Sen B	Sen G	U13 B	U13 G	U12 B	U12 G	U11 B	U11 G	U10 B	U10 G	U9 B	U9 G	U8 B	U8 G	U7 B	U7 G	U6 B	U6 G	TT
Event 1	HURD	HURD	HURD	HURD	HURD	HURD	LJ	LJ	LJ	LJ	DISC	DISC	SP	SP	500m	500m	300m	300m	
Event 2	DISC	DISC	DISC	LJ	DISC	DISC	HURD	HURD	HURD	HURD	HURD	HURD	700m	700m	SP	SP	SP	SP	
Event 3	200m	200m	200m	200m	200m	200m	200m	200m	DISC	DISC	LJ	LJ	70m	70m	70m	70m	70m	70m	
Event 4	SP	SP	LJ	DISC	LJ	LJ	DISC	DISC	100m	100m	100m	100m	100m	100m	100m	100m	100m	100m	
5 U9+ ONLY	LJ	LJ	SP	SP	SP	SP	800m	800m	800m	800m	800m	800m							
6 U11+ ONLY	800m	800m	800m	800m	800m	800m	SP	SP											